

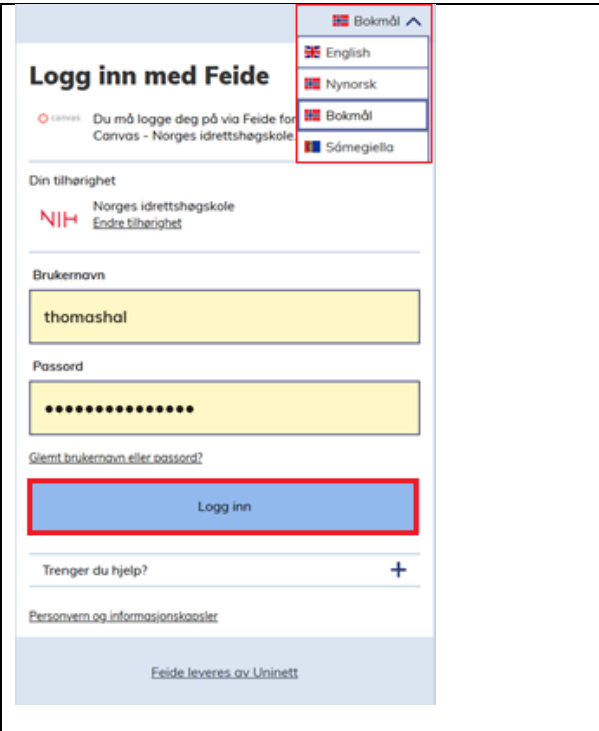
Canvas


<https://nih.instructure.com/>

First time you login you must choose your affiliation.

Change language to English, if needed.

	<p>Step 1: “Velg din tilhørighet”/ “Choose your affiliation”</p> <p>choose either “Norges idrettshøgskole” or “Norwegian School of Sport Sciences”.</p>
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	<p>Step 2: Login</p> <p>“Brukernavn”/ “Username”:</p> <p>Before you arrive NIH, you have received a SMS on how to activate your student account.</p> <p>Once you have activated your account, you have a username, and a password. Type this in to log into Canvas.</p> <p>Click “Logg inn”/ ”Log in”</p>
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NIH
NORWEGIAN SCHOOL OF SPORT SCIENCES

Thomas Halvorsen

Konto

Logg ut

- Varslinger
- Filer
- Innstillinger**
- ePortfolioer
- Delt innhold
- QR eller mobil-innlogging
- Globale kunngjøringer

Step 3: How to change the language settings

- Go to "Konto"
- Choose "Innstillinger"

Innstillinger for Thomas Halvorsen

Fullt navn: Thomas Halvorsen
Dette navnet vil bli brukt under karaktersetting.

Navn som skal vises: Thomas Halvorsen
Alle vil se dette navnet i diskusjoner, meldinger og kommentarer.

Navn for sortering: Halvorsen, Thomas
Dette navnet vises i sorterte lister.

Språk: Systemstandard (Norsk (Bokmål))

Tidssone: København

Web-tjenester

Canvas kan gjøre livet ditt enklere ved å koble seg til de nettverktøyene du allerede bruker. Klikk på en tjeneste under "Andre tjenester" for å se hva vi mener.

Kontaktmåter

E-postadresser

thomashal@nih.no ★

+ E-postadresse

Andre kontakter	Type
For alle enheter	push

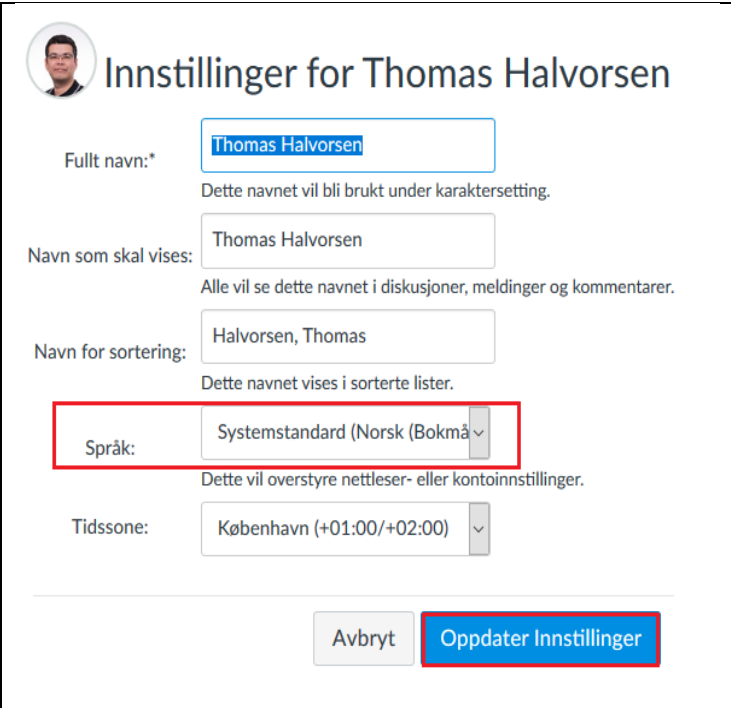
+ Kontaktmetode

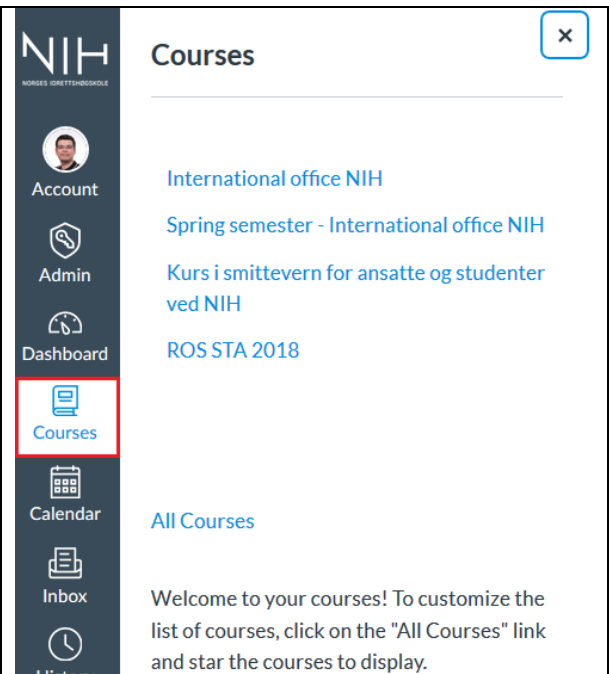
Rediger innstillinger

Last ned innleveringer

Last ned emneinnhold

Click on «Rediger innstillinger»

	<p>Under "språk", choose your preferred language for Canvas.</p> <p>Once chosen your preference, click on the blue button "Oppdater innstillinger".</p> <p>Sometimes the operation needs to be done twice before it updates.</p>
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	<p>Step 4: See your courses Click on "courses" to see all courses you have access to.</p> <p>This list will update when you are registered for your courses (and when the Canvas page for those courses are active).</p> <p><i>Access Spring/ Fall semester – International office NIH</i></p> <p>This is a resource page for incoming, international students pre-arrival and during your stay.</p>
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Useful resources:

[Getting started with Canvas as a Student](#)

- [Videos with quick tutorials](#)