NORGES IDRETTSHØGSKOLE

2022/2023

INDIVIDUAL HOME EXAM

IN

SPM 104- SPORT AND SUSTAINABILITY

Start of exam: Monday 28 November 2022 at 12.00 p.m

Final deadline: Monday 19 December 2022 at 2.00 p.m. in WISEflow

Remember that the submission must be in pdf format.

- o The duration of the exam is three weeks
- All aids are allowed.
- Word count: 4500.
 - The exam includes three assignments (PART 1, 2 and 3)
 - Each of the three assignments must be 1500 words long. Plus or minus 10% of the total word count is acceptable.
 - In addition, there is a reference list. All three assignments must have a common reference list at the end.
- The grades range from A-F.
- APA 7 style and reference guidelines are to be applied.
- All three assignments carry equal marks.
- o The answers will be run through Urkund's plagiarism detection programme.
- We remind you that all pages in the six modules in Canvas should be regarded as recommended relevant learning resources in addition to the syllabus.

PART 1 – CLIMATE GOALS

Based on relevant sources and literature, discuss how national and international sports can contribute to that Norway and society around the world will achieve the intended climate goals. By drawing on the concept of planetary boundaries, put forward examples of how sports can have a negative impact on the enviornment.

Maximum 1500 words.

PART 2 – SUSTAINABILITY PROCESS

In this assignment, take the perspective from a (sport) organization or an organizational unit of your choice. This assignment is twofold and you can decide how many words you want to write in each answer. But you must stay within the words limit of 1500.

- a) What are the opportunities and challenges when implementing measures that foster sustainable development in the organization?
- b) How can the organization profit from involving (existing and potential) stakeholders in the sustainability process.

Maximum 1500 words.

PART 3 – DIMENSIONS AND SPORTING EVENTS

There is quite some potential for sporting events to become more sustainable. Based on the three dimensions of sustainability (social, economical and environmental), discuss *why* and *how* sport event organizers could work with sustainability. Use at least one theoretical concept or model to answer this question.

Maximum 1500 words.