

BACHELOR I TRENERROLLEN OG IDRETTSPYKOLOGI 2021/2023

7 DAY WRITTEN ASSIGNMENT

IN

TI 200- SPORT COACHING 1: COACHING, CHILDREN AND YOUTH

Start of exam: Friday 3 December 2021 at 12.00 p.m

Final deadline: Friday 10 December 2021 at 2.00 p.m. in WISEflow

General information about the exam:

The exam paper has a 2500-word limit, excluding references, tables, figures and a front page, with 12 p Times New Roman, double line spacing and APA-standard of referencing. You are free to answer the exam in English or Norwegian.

The front page should entail the title of the paper, candidate number, course number and course name, semester and date.

You are free to decide the structure of the paper yourself, but it is expected that the paper has a logical structure. And it should include an introduction, main part and a conclusion.

You should refer to research literature and the curriculum, but practical experience can also be of value. However, papers only based on personal opinions will not generate a good grade.

Grade: The grades will be A-F, where F is fail.

Exam

Pick one of the two tasks below, and make sure that you follow the instructions for formatting and referencing:

- 1) The youth sport experience can offer many potential benefits for those who participate. Choose three outcomes that you think a club in a sport of your choosing should focus on. Outline why these are important and discuss how this can be achieved within the club setting.

- 2) Focus on the talent development in a sport of your choosing. Based on the literature, discuss strength and weaknesses, as well as possibilities and challenges regarding how selection is done in that specific sport.