

TI200 Sports coaching 1: coaching children and youth

General: It is expected that the candidates follow the guidelines for format and referencing, and that the paper is presented in a tidy and well written manner.

Task 1: It is expected that the candidate presents an overview over the literature on dropout, specifically focusing on different reasons for dropout. These reasons should create the basis for the practical suggestions on how to prevent dropout. It is positive if the candidate combined literature with their own knowledge of the specific sport, and it is expected that the suggestions are related to the sport and the club context specifically. The candidate should touch on several of the topics covered in the course, such as motivation, growth and maturation, family or talent development. A critical perspective throughout will be awarded.

Task 2: It is expected that the candidate presents how specialization and selection functions in the chosen sport. Both should be correctly defined. Thereafter, the candidate should discuss the issues with specialization and selection and tying these into practical suggestions. It is positive if the candidate combined literature with their own knowledge of the specific sport. Growth and maturation should be a substantial part of this discussion, but other topics may also be relevant, such as motivation, the coaching role and general talent development research. A critical perspective throughout will be awarded.