

BACHELOR I TRENERROLLEN OG IDRETTSPSYKOLOGI 2022/2024

INDIVIDUAL ASSIGNMENT

IN

TI 200- SPORT COACHING 1: COACHING, CHILDREN AND YOUTH

Information

- Start of exam: Monday December 4. 2023 at 12.00 p.m
- Final deadline: Monday December 11. 2023 at 2.00 p.m. in WISEflow
- The submission must be in pdf format.
- Exam results will be available within four weeks from the exam date: 8th of January 2024
- Aids: The use of artificial intelligence (AI, such as ChatGPT and others) must be disclosed. You should specify which AI has been used, in which part(s) of the text AI has been used, and how AI has been used.

General information about the exam:

The exam paper has a 2500-word limit, excluding references, tables, figures and a front page, with 12 p Times New Roman, double line spacing and APA-standard of referencing. You are free to answer the exam in English or Norwegian.

The front page should entail the title of the paper, candidate number, course number and course name, semester and date.

You are free to decide the structure of the paper yourself, but it is expected that the paper has a logical structure. And it should include an introduction, main part and a conclusion.

You should refer to research literature and the curriculum, but practical experience can also be of value. However, papers only based on personal opinions will not generate a good grade.

Grade: The grades will be A-F, where F is fail.

QUESTION

Pick one of the two tasks below, and make sure that you follow the instructions for formatting and referencing:

- 1) Choose either girls, minority girls or para-athletes. Write a report for a local club (from a sport of your choosing) on how they can recruit and maintain this group in their club. The report should focus on how to create a positive experience for them, and how to prevent dropout. Include some concrete practical suggestions for the club setting.
- 2) A talent development club (from a sport of your choosing) contacts you because they want more information about talent identification and selection. They have asked you to write a report about this topic, and potential challenges, with some concrete practical suggestions for the club setting.