

2022/2023

INDIVIDUAL RE-EXAM

IN

TI 304- PERFORMANCE MANAGEMENT

Information

- Start of exam: Wednesday August 30. 2023 at 10.00 a.m
- End of exam: Wednesday August 30. 2023 at 12.00 p.m. in WISEflow
- Exam results will be available within three weeks from the exam date: 20th of September 2023
- Aids: None
- Give your answer in English or Norwegian

Answer only 2 of these 3 questions:

1. Identify and discuss the most important principles/factors that are likely to make a specialist coach successful. Specify if you answer this with respect to a team sport or an individual sport.
2. You work with an elite sport team. Discuss different ways you can make sure to address, follow up, and give feedback to each individual team member.
3. In the last years, there has been an emergence of a data revolution in sport. Discuss ways you can use data to support performance development for individual athletes.