

2023/2024

INDIVIDUAL HOME EXAM

IN

MA 533- THE SOCIAL BODY, PHYSICAL ACTIVITY AND HEALTH

Information

- Start of exam: Monday December 11. 2023 at 12.00 p.m
- Final deadline: Monday December 18. 2023 at 2.00 p.m. in WISEflow
- The submission must be in pdf format.
- Exam results will be available within four weeks from the exam date: 15th of January 2024
- Aids: The use of artificial intelligence (AI, such as ChatGPT and others) must be disclosed. You should specify which AI has been used, in which part(s) of the text AI has been used, and how AI has been used.

You are expected to answer 2 of the possible 3 exam questions. Each answer should not exceed 2000 words (exclusive of the references) i.e. The total exam should not exceed 4000 words, excluding references. Use 12- point font with 1.5 line spacing. Use APA reference style. List all references at the end of *each* exam answer.

The exam questions should be answered drawing upon relevant literature from the course.

Question 1

The performing fit body has become a symbol of social status and health in contemporary consumer society. Explain a) why this is the case, and b) discuss why this reading of the body can be understood as problematic.

Question 2

Sports Science students learn about the body from a range of theoretical perspectives.

- a) Describe and explain the differences between so-called naturalistic and social constructivist theories of the body.
- b) Discuss the role of equipment and apparatus, and of different physical spaces, in teaching and disciplining students' performing bodies.

Questions 3

The regular use of digital smart watches can be understood as a means for individuals to accrue 'physical capital' and a healthy lifestyle. Critical sociologists warn, however, that self-tracking practices can be detrimental to an individual's health and her/his sense of self/body. Discuss these claims drawing upon relevant literature.