



Introduction to the University of Otago

NEW ZEALAND'S FIRST UNIVERSITY

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Agenda

1. New Zealand, Dunedin and our region
2. Why study at the University of Otago?
3. Sport & Exercise Sciences at Otago
4. Study Abroad at Otago
5. Application, accommodation
6. Life on campus and student support



New Zealand, Dunedin, our region



Aotearoa / New Zealand

5
million
people

Population

3
official
languages

English, Māori & NZ Sign Language



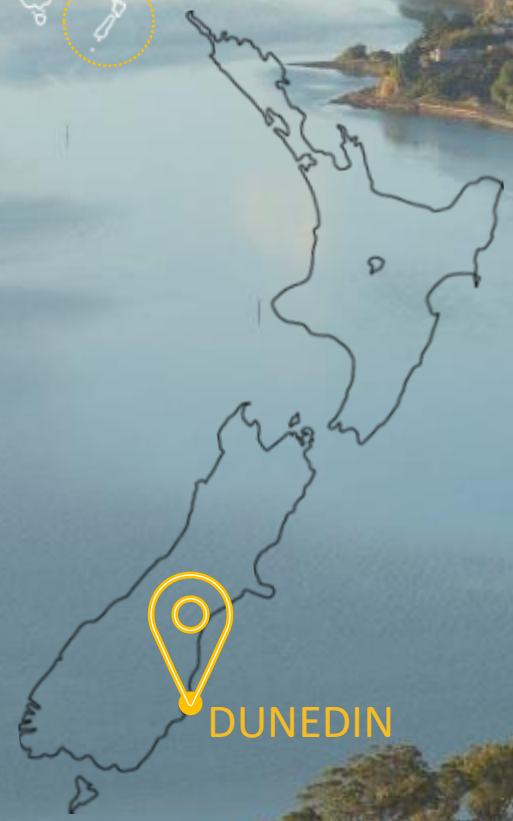
Global rankings

- 2nd safest country in the world (Global Peace Index 2022)
- 2nd least corrupt in the world (Transparency International 2022)
- 4th most gender-equal country in the world (2022 World Economic Forum Global Gender Gap Report)
- 8th most prosperous country in the world (2021 Global Prosperity Ranking)
- 10th happiest country in the world (World Happiness Report 2022)

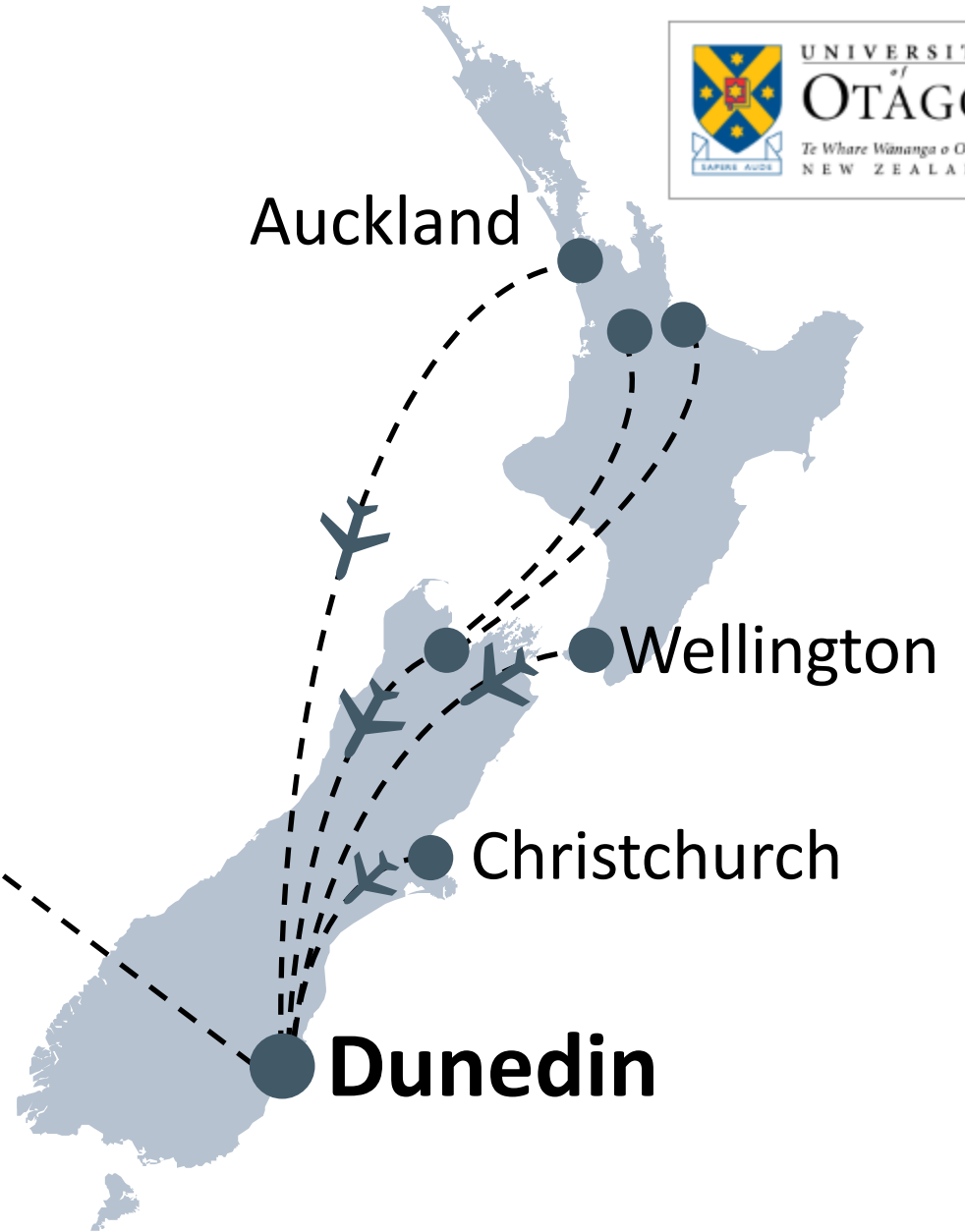


Māori principles of Manaakitanga:
hospitality, kindness, generosity, support

Dunedin, New Zealand



Travelling to Dunedin



To Australia



Auckland	1hr 45min
Wellington	1hr 10min
Christchurch	55min



Queenstown	4 hours
Wanaka	3.5 hours
Milford Sound	5 hours

Dunedin

- ❖ Population - 130,700. Some 25,000 are students.
- ❖ Youngest population in NZ- 45% of residents under 30.
- ❖ Highly educated - Dunedin has New Zealand's highest concentration of postgraduate qualifications.



Student City

- A leader in learning for 150 years, Dunedin is famous for its student culture and friendliness.
- Dunedin is a compact, student city which offers unique learning experiences – inside and outside the classroom.

Explore Ōtepoti Dunedin

NO OTHER CITY in the country offers the same opportunities to get out and explore. Dunedin is surrounded by fantastic beaches, hills and harbour waters that offer opportunities for a range of activities, from surfing and kayaking to mountain biking and paddleboarding, most within a 10 minute commute.

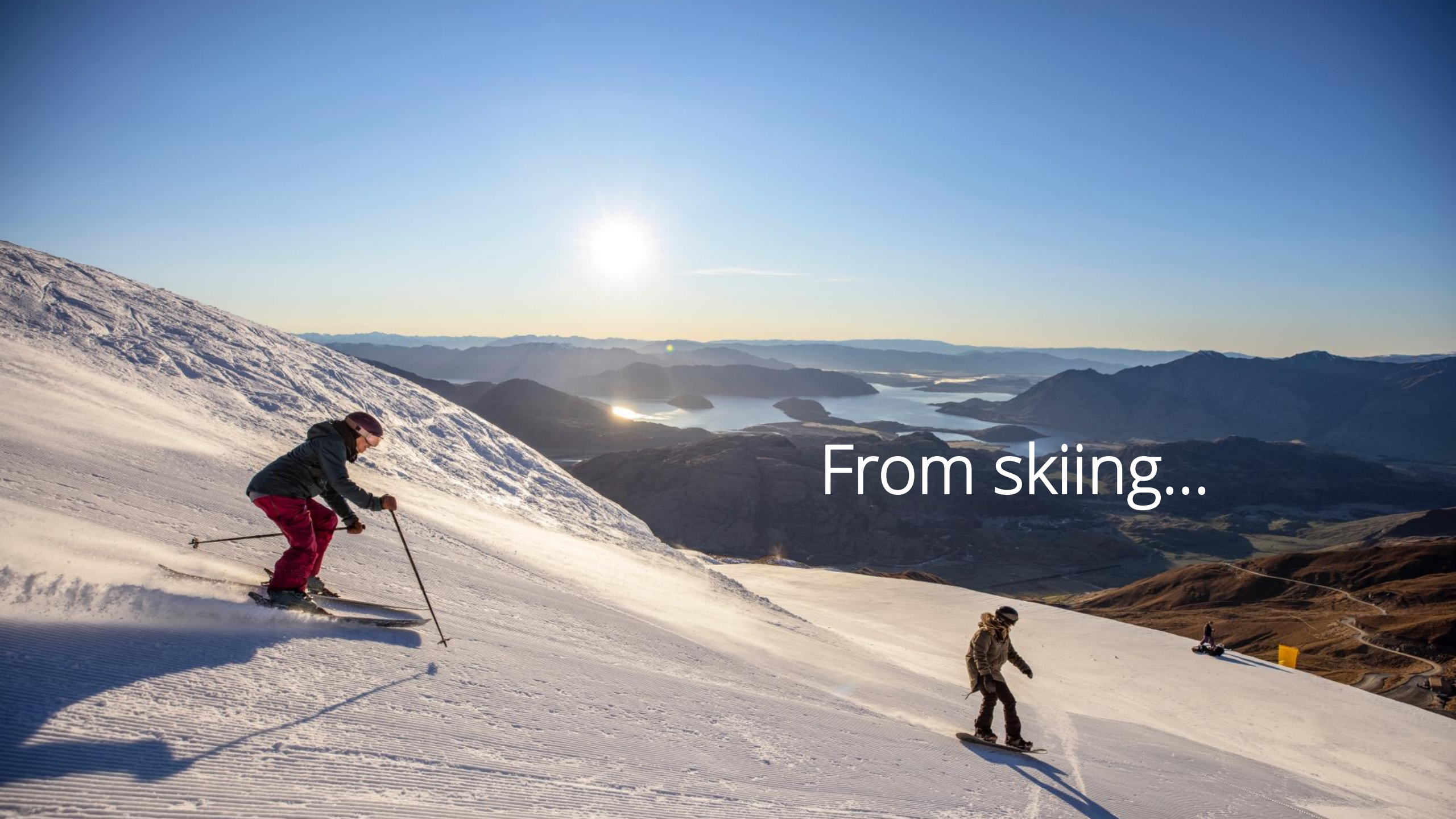




Gateway to adventure

South Island magic!





From skiing...

A person is kayaking on a calm lake, viewed from behind. The kayaker is wearing a blue life vest and an orange jacket, and is using a yellow paddle. The lake is surrounded by green, hilly mountains under a cloudy sky. The foreground shows the yellow hull of the viewer's kayak.

...to kayaking



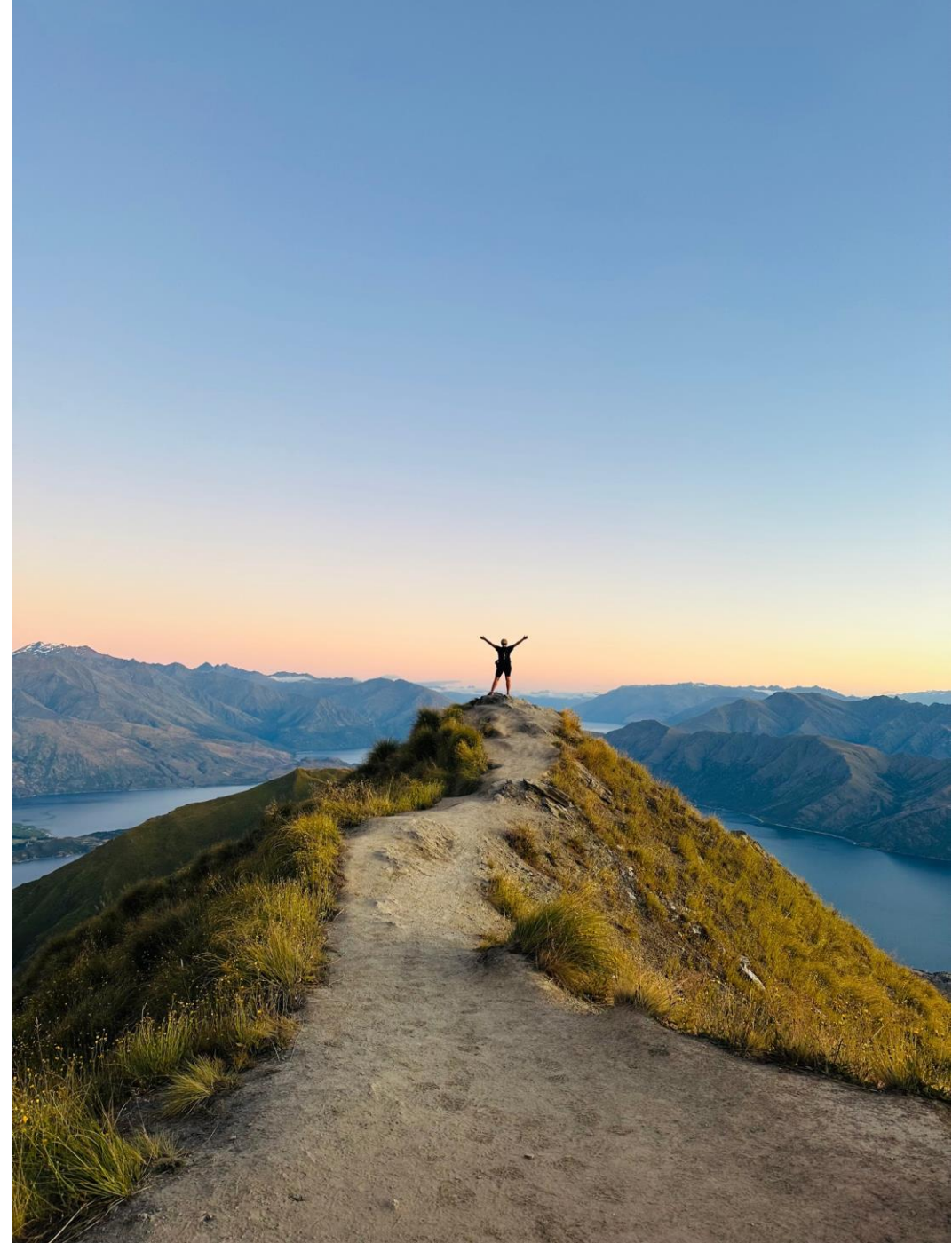
Great Walks of NZ

Mountain hiking





Experience our beautiful nature





Why the University of Otago?

5th most beautiful campus in the world

Times Higher Education The Student Voice 2022



Why Otago?



New Zealand's first university.
Established in 1869.



Ranked in the top 1% of universities
worldwide - 206th best in world.



20,000 students
90 countries (approx. 2,500 international students)
4,000 staff



#1 - NZ's top university for educational
performance (*TEC Indicators*)



Five star plus international quality rating
(*QS Stars*)



Why Otago?



NZ's only true residential university: 86% of students from outside Dunedin



170+ student-led clubs and societies



95% of our graduates go directly into work or further study





Otago Rankings

Ranked 206th in the world

Top 50 universities in the world for:

- Sports-Related subjects
#15 best in the world
- Tourism
#23 best in the world
- MBA online
#26 best in the world
- Anatomy and Physiology
#39 best in the world
- Dentistry
#42 best in the world

Top 50-100 universities in the world for:

- Nursing
- Anthropology
- Theology, Divinity & Religious Studies
- Archaeology
- Food Science & Technology
- Public Health

Top 100-150 universities in the world for:

- English Language & Literature
- Philosophy
- Geography
- Education
- Agriculture & Forestry
- Pharmacy & Pharmacology
- Development Studies
- Psychology

Top 150-200 universities in the world for:

- Modern Languages
- Law
- Sociology
- History
- Earth & Marine Sciences
- Medicine
- Sociology



Globally connected researchers

50%

incoming PhD students are international

35%

of Otago's publications are in the top 10% ranked journals

1,700

Academic & Research Staff

70%

Academics were born overseas or received their highest qualification from overseas

University Academic Divisions



Health Sciences



Science



Business



Humanities



Pathway and English
Language Centre

School of Physical Education, Sport & Exercise Sciences?

Study of human movement from a variety of perspectives:

3 Major pathways:

- Exercise & Sport Science (BSc)



- Sport Development & Management (BSc or BA)



- Education, Physical Activity & Health (BSc)



Sport & Exercise Sciences: Courses

Exercise & Sport Science

- [SPEX 101](#) Sport, Science and Society
- [SPEX 102](#) Principles of Exercise for Health and Performance
- [ANAT 101](#) Anatomy for Sport and Exercise
- [PHSL 101](#) Physiology for Sport and Exercise
- SPEX 201: Biomechanics
- SPEX 202: Motor Learning
- SPEX 203: Exercise Physiology
- SPEX 301: Performance Analysis
- SPEX 304: Applied Sport Psychology
- SPEX 305: Athletic Conditioning & Rehabilitation
- SPEX 311: Sport Technology
- SPEX 316: Practicum

Sport Development & Management

- [SPEX 101](#) Sport, Science and Society
- [SPEX 102](#) Principles of Exercise for Health and Performance
- [ANAT 101](#) Anatomy for Sport and Exercise
- [PHSL 101](#) Physiology for Sport and Exercise
- SPEX 204: Sport Psychology
- SPEX208: Sociology of Sport & Exercise
- SPEX 209: Sport Development & Management
- SPEX 304: Applied Sport Psychology
- SPEX 313: Advanced Sport Management
- SPEX 314: Sport & Health Policy
- SPEX 315: Sport Media
- SPEX 316: Practicum

Physical Education, Activity & Health

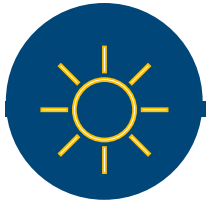
- [SPEX 101](#) Sport, Science and Society
- [SPEX 102](#) Principles of Exercise for Health and Performance
- [ANAT 101](#) Anatomy for Sport and Exercise
- [PHSL 101](#) Physiology for Sport and Exercise
- [SPEX 205](#) Physical Activity and Health
- [SPEX 206](#) Māori Physical Education and Health
- SPEX207: Sports Coaching
- [SPEX 306](#) Te Pou o Te Koronga Advanced Māori Physical Education and Health
- [SPEX 308](#) Psychology of Physical Activity
- [SPEX 309](#) Active Living and Environment
- [SPEX 310](#) Exercise for Clinical Populations
- [SPEX 316](#) Practicum



Study Abroad at Otago



NZ academic year



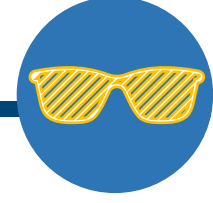
SEMESTER 1 (start in summer)

- **Mid-February:** Arrival and orientation
- **Late February:** Semester 1 begins
- **Early June:** Examinations begin
- **Mid-June:** Examinations end



SEMESTER 2 (start in winter)

- **Early July:** Arrival and orientation
- **Mid-July:** Semester 2 begins
- **Late October:** Examinations begin
- **Mid-November:** Examinations end



SUMMER SCHOOL

- **Early January:** Summer School
- **Late February:** Examinations

www.otago.ac.nz/news/events/keydates

A Study Abroad semester

- Possible to come for one or two semesters for Study Abroad
- Study 3-4 courses (“papers”) in one semester.
- Most Study Abroad students prefer to take 3 courses to maximise their free time at Otago, but your university may require you to take more.
- 1 single course (or ‘paper’) is usually worth 18 points – approx. 9 ECTS.
- Most courses are open to you, as long as you meet entry requirements
- Study Abroad students typically get a ‘special permission’ to join in more advanced courses



Example courses (including other Departments)



Sport, Nutrition and Wellbeing

Semester 1		Semester 2	
ANAT 101	Anatomy for Sport Exercise	HUNT 141	Understanding Human Nutrition
HUNT 141	Understanding Human Nutrition	HUNT 345	Applied Sports Nutrition
HUNT 241	Fundamentals of Nutrients and Health	PACH 201	Pacific Health: New Zealand and the Pacific Region ●
HUNT 245	Sport and Exercise Nutrition	PHSL 101	Physiology for Sport and Exercise
MART 207	Sports Marketing	PUBH 202	Health Promotion ●
SOCI 209	Health and Society	SPEX 102	Principles of Exercise for Health and Performance
SPEX 101	Sport, Science and Society	SPEX 204	Psychology of Sport and Exercise
SPEX 203	Exercise Physiology	SPEX 205	Physical Activity and Health
SPEX 207	Understanding Sports Coaching ●	SPEX 206	Te Pū o te Ora: Māori Physical Education and Health ●
SPEX 209	Sport Development and Management	SPEX 208	Sociology of Sport and Exercise
SPEX 304	Sport Psychology	SPEX 307	Coaching, Leadership and Mentoring
TOUR 216	Sport Tourism		

Business, Tourism, Marketing and Management

Semester 1		Semester 2	
BSNS 111	Business and Society ●	BSNS 111	Business and Society ●
BSNS 114	Financial Decision Making	BSNS 114	Financial Decision Making
ECON 303	Economics of Developing Countries	FOSC 112	Introduction to Food Marketing
ENTR 101	How to Start a Venture	MANT 101	Managing for Performance
GEOG 216	Environmental Management: Principles and Values	MANT 251	Managing Organisations
MANT 217	International Management	MANT 252	Developing Responsible Leadership
MANT 222	Interpersonal/International Business Communication ●	MANT 330	Leadership and Change
MANT 250	Managing People	MANT 332	International Management ●
MANT 301	Managing Innovation and Growth ●	MART 112	Marketing
MANT 303	Entrepreneurship	MART 201	Integrated Marketing Communications
MANT 334	Operations and Supply Chain Strategy	MART 211	Products to Market
MANT 337	Organisations and Sustainability	MART 326	International and Export Marketing
MART 112	Marketing	TOUR 101	Introduction to Tourism ●
MART 207	Sports Marketing ●	TOUR 102	Global Tourism
MART 210	Consumer Marketing	TOUR 217	Tourist Behaviour
MART 308	Integrated Digital Marketing	TOUR 301	Cultural and Heritage Tourism ●
TOUR 101	Introduction to Tourism ●		
TOUR 219	Destination Management ●		
TOUR 418	Tourism Destination Development ●		

Example courses (other Departments)



Māori, Pacific and Indigenous Studies

Semester 1	Semester 2
ANTH 204 Pacific and New Zealand Archaeology ●	MANT 340 Indigenous Management and Organisation ●
ANTH 205 Anthropology and the Contemporary Pacific	MAOR 102 Māori Society ●
MAOR 102 Māori Society ●	MAOR 110 Introduction to Conversational Māori ●
MAOR 108 Waiata: Te Timatanga (Māori performing art) ●	MAOR 203 Ngāi Tahu Society (Māori tribe local to the Otago region)
MAOR 110 Introduction to Conversational Māori ●	PACH 201 Pacific Health: New Zealand and the Pacific Region
MAOR 202 Māori and Tikanga (culture/customs)	PACI 101 Pacific Societies
	POLS 319 Treaty Politics (Treaty of Waitangi) ●

Environment, Sustainability and Climate Change

Semester 1	Semester 2
ECOL 111 Ecology and Conservation Diversity	EMAN 204 Renewable Energy Technologies
ECON 207 Environmental Economics	ENVI 211 Environmental History of New Zealand ●
ENVI 111 Environment and Society	ENVI 312 Interdisciplinary Aspects of Climate Change
ENVI 311 Understanding Environmental Issues	FINC 320 Sustainable Investing
GEOG 216 Environmental Management: Principles and Values	GEOG 102 Geographies of Sustainable Futures
GEOG 265 Natural Hazards of NZ and Beyond ●●	GEOG 228 Geographies of Global Development and Sustainability
MANT 337 Organisations and Sustainability	GEOG 286 Climatology ●
PHIL 235 Environmental Philosophy	GEOG 287 Plants, People and the Environment
PHSI 243 Environmental Physics	GEOG 397 Environmental Management: Policy and Practice
POLS 307 Nature, Conflict and the State	GLBL 201 Cultures of the Environment
TOUR 306 Ecotourism and Sustainable Development ●	TOUR 422 Tourism and Global Environmental Change

Applying for Study Abroad studies at Otago



Deadlines to apply:

- 1 December 2023 for Semester 1 (February 2024)
- 30 April 2024 for Semester 2 (July 2024)

Apply via Otago's "eVision" application portal:

- Select the qualification:
'Certificate of Proficiency – Incoming Study Abroad'
(*not the name of your home degree programme*)
- You select your 'sponsor' as your home institute - NiH
- Complete the online form
- Upload documents and also upload a certified passport
(NiH international office can certify it)





Study Abroad Entrance Requirements

- ✓ Current enrolment at an accredited tertiary institution.
- ✓ Have successfully completed at least one semester of full-time study at an accredited tertiary institution.
- ✓ Have a GPA of 3.0 on a 4-point scale, or have a credit, “good” or above average results.
- ✓ English: 4.0 or higher in the final year of English for Vitnemål for Videregående Opplaering. (Or equivalent to IELTS 6.0, no band less than 5.5 for undergraduate study).





UNIVERSITY FLATS (UniFlats):

Student housing - unique to Otago





Uni Flats



Perfect option for Study Abroad & Exchange students.



Unique opportunity to live the local student lifestyle alongside other international students with a NZ “Kiwi Host” student in your flat.



Matched with like-minded people, interests, personality



Direct group of friends to explore and experience Otago



Fully furnished and within easy walking distance of campus. Own bedroom but share kitchen, living, bathroom and laundry services



UniFlats accommodation fee includes everything (room cost, electricity, bed linen, wifi and the services of the UniFlats team)



UniFlats community events and activities

Web /www.otago.ac.nz/uniflats | Email flats@otago.ac.nz

Applying for UniFlats

Deadlines to apply:

- **1 November 2023** for Semester 1 (February 2024)
- **15 May 2024** for Semester 2 (July 2024)
- Apply via your Otago eVision account which links you to the accommodation.
- Include your extra information about hobbies, interests!

Drop your bags off and explore:

- Single fixed price rental for each semester
- Semester 1 you can arrive early January, drop your bags off and go travel before the semester begins in mid-February.
- Semester 2, you arrive just before studies begin, but have time to leave your bags at your flat and do travel after exams before you head back home.



Study Abroad - Cost of Living (per semester)

The table below provides an estimate of living costs in NZ\$



Approximate cost of some common items (NZ\$)

For more information:
newzealandnow.govt.nz/living-in-nz



\$9-100 per month



\$2.40



From \$1.20



\$8.50



From \$2.80



\$4.50



\$40-99



From \$35



\$10-20

	NZ\$
Rent (accommodation including electricity, bed linen, and Uni Flats support and community events)	\$6,832
Food	\$1,800
Personal expenses	\$2,640
Textbooks, equipment	\$350
Insurance	\$335
Total living costs	\$11,957

NZD \$12k per semester
EUR 6,600 / NOK 78,000 per semester

LES MILLS

ousa

0080



Life on Campus & Student Support

School of Performing Arts at Otago 🎭



Life on campus





Popular Clubs (over 170 student clubs)

- Snow Sports club | Tramping (Hiking) club
- Canoe club | Climbing club | Scuba diving club
- Environmental club | Wildlife Hospital students associations



Social Impact

- Good Deed and Feed | Feel good Friday
- Tree planting | Food drives
- Mending café & other sustainable fashion initiatives



Otago is involved

- Social Impact Studio
- UniCrew Volunteers
- Leadership Award
- Global Citizenship
- and more...



Clubs & Societies



160+ student-led clubs and societies



Free room bookings
(Music room, Studio/
Dance room etc)



Free
breakfasts &
\$4 lunches



Amenities
like showers
& saunas

Clubs & Soccs ousa



OTAGO INTERNATIONAL



Otago is inclusive

- Students from 80+ countries, 86% of students come outside of Dunedin
- 70% of academic staff were born overseas or hold their highest qualification outside of NZ
- Accessible campus and disability support
- Multi-faith support
- Queer support



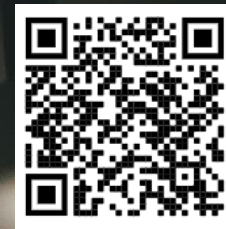


7 University Libraries - specialised librarians can help you!



Multi Purpose Area (MPA)
Te Whiri Whangai Mata

Virtual tour



Unipol fitness

Right on the campus, free for students, subsidized equipment hire
for your outdoor activities and adventures!




UNIVERSITY OF OTAGO
STUDENT HEALTH SERVICES
0800 479821

3 Walsh Street
STUDENT HEALTH SERVICES
100-1000 Hours Awa
www.otago.ac.nz/healthservices

Student Health right on the

campus



Ask Ōtago | Uia Ōtākou

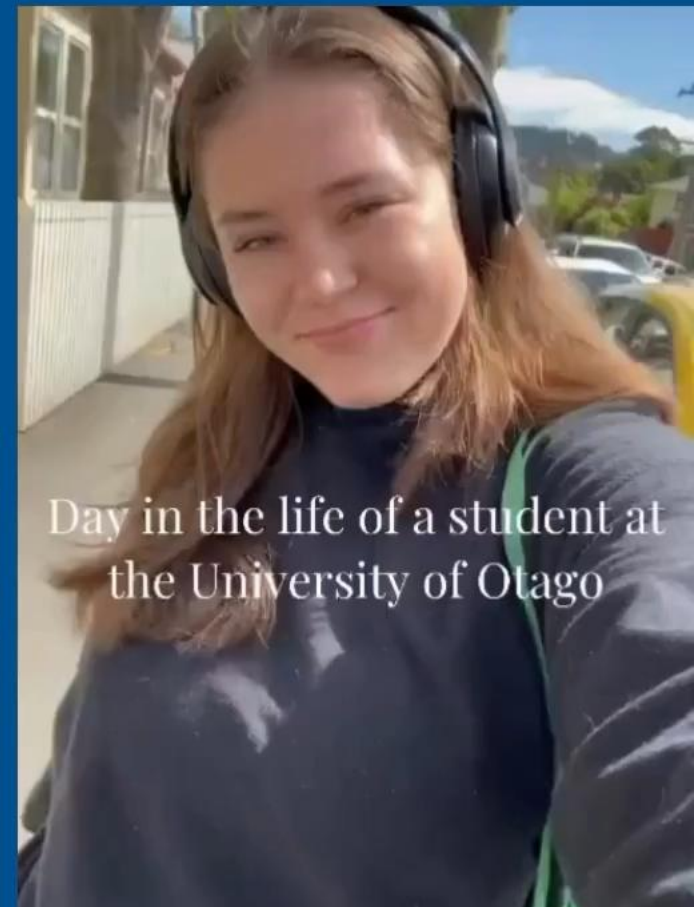
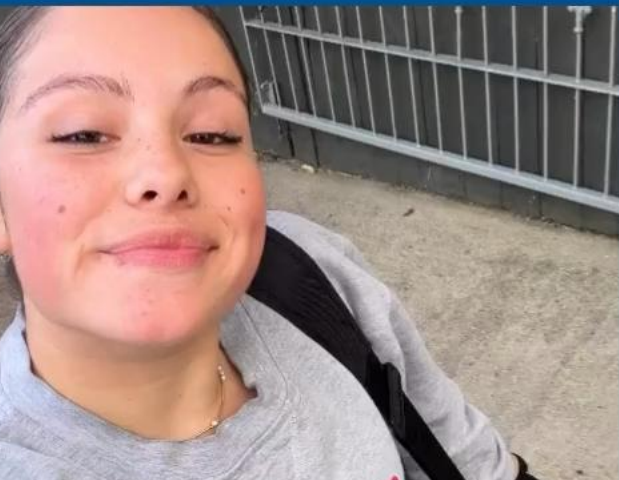
AskŌtago

Friendly staff to help with a range of information and general enquiries

Late happy holiiii 🌈



**Follow us on
Instagram
@universityofotagointernational**



Day in the life of a student at
the University of Otago



Welcome to the University of Otago!

Follow us on
Instagram
[@universityofotagointernational](https://www.instagram.com/universityofotagointernational)